

# SIERRA NEVADA CHAPTER ONCOLOGY NURSING SOCIETY

THE SIERRA NEVADA CHAPTER OF THE ONCOLOGY NURSING SOCIETY SERVES THE WASHOE, CARSON, CHURCHILL, HUMBOLT, LYON AND DOUGLAS COUNTIES OF NEVADA.

## Hello Sierra Nevada! Fall is here!

Hello Sierra Nevada! We hope that fall is finding you happy and healthy. Our chapter board has been working hard to make us more involved as a chapter. Please stay tuned for more in the months to come.

First we would like to share that we are putting more items on our Virtual Community. What is it you might ask? Our chapter has a Virtual Community (VC) where we can all stay connect-

ed. If you have paid your ONS membership you are automatically included in our VC! To find our VC visit: [sierranevada.vc.ons.org](http://sierranevada.vc.ons.org). This is where you will find events, dinners and other fun items that our chapter is going to be doing. You can also access news letters and more!

If you missed the presentation at the September dinner about our virtual community and how to navigate around

and would like some help, please contact us and we would be happy to help you!

We hope you enjoy the great news that is inside this letter! If you have some important news that you would like to share with our chapter about yourself or someone and their great accomplishments or something fun your place of work is doing, please email us.

### Congratulations:

- **Congratulations to Timothy Young for passing his OCN exam in July 2015!**
- **Congratulations to Jackie Bailey for passing her OCN!**



## Our Chapter Challenge!

Do you know someone who should join our chapter? Well now is the time to join! You have a great opportunity to win prizes! Our chapter has a goal to recruit 25 new members by December 31st! If we do we will earn some great prizes! If we hit our 25 goal we will have the opportunity to raffle off three one-year memberships to anyone who recruits a member. After you recruit a member give any

member of our board members confirmation that you have recruited a member. Your name will go into the raffle to win a year subscription free! For each member recruited you will get one raffle ticket! So get recruiting so you can have the most raffle tickets in the hat!

Our chapter also gets recognition at the Celebration of Volunteer Leaders at Congress and at the Leadership Weekend!

Did you know that if you recruit a NEW member they can put your name in the "referred by" line on the online membership application. You have an opportunity to earn rewards through ONS such as, ONS tote bag, \$50 Amazon or Starbucks gift cards, Free one-year ONS membership, \$200 Visa gift card, and ONS conference registrations and VIP perks!

When new members are ready to join, all they have to do is enter code **CHAPCHAL15** on the online application and ONS will track our chapter's progress!

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## Congratulations to Thelma Baker!



Renown has been restructuring the Cancer Service Line. As part of that restructuring, Thelma was chosen to be the new Director of Clinical Oncology and Infusion Services. Thelma has extensive background in Nursing Management including but not limited to her Master's Degree in Nursing, and her experience in Texas and other areas

in the United States as well as her current positions at a national level as the current Coordinator of the Nurse Leaders and Program Development Special Interests Group (SIG) through ONS (read more about SIG's on page 3). We are all very excited to have Thelma in this new role! She has been such a fabulous resource for so many of us already,

so please join us in congratulating her on this new position at Renown!

Submitted by Denise Wiley, RN, BSN, OCN

## Recruit Students to Join our Chapter for FREE!

Have students join our chapter for FREE by visiting [www.ons.org/member-center/join-renew](http://www.ons.org/member-center/join-renew) and entering the code **CHAPSTDNT15**.

### Chapter Challenge Recruiting a Student Member?



As part of our 40th anniversary celebration, ONS is extending a complimentary one-year student membership to all new student members\*. Make sure they count toward your goal AND receive their free membership!

To join, simply have the student visit [www.ons.org/member-center/join-renew](http://www.ons.org/member-center/join-renew) and enter code CHAPSTDNT15.

\*Complimentary one-year membership can only be applied to new, not renewing, pre-licensure students enrolled in a nursing program during 2015.



By joining students will receive 1 year of FREE membership. They also will have access to learn about cancer basics, cancer biology, chemotherapy basics, and more! There are great opportunities for networking and it looks great on a resume!

## Oncology Certified Nurse (OCN) Exam Preparation Course



Saint Mary's Regional Medical Center's Oncology Department is sponsoring a two-day review course for the OCN® examination. This course will be taught by Dr. Jane Clark, PhD, RN, AOCN®, OCN®, GNP-C.

Dates: Oct.12-13, 2015

Location: Saint Mary's Center for Health, 645 N. Arlington Ave, Reno, NV 89503, Room TBA

Time: 8:00am-5:00pm

Earn 14.8 CEUs with completion of course

Cost: FREE for Saint Mary's oncology nurses, \$200 all others.

For questions or to register for this class, please contact Martha Aiyuk, Oncology Manager, at :

(775) 770-2040 or

MAi-yuk@primehealthcare.com

## Are you receiving ONS Chapter Emails?

ONS recently made changes to their email software so that chapter emails are no longer blocked by security measures from vendors like Gmail, Hotmail, Yahoo, or Comcast. However, if your employer is blocking these emails or marking them as spam or junk mail, you should contact your network administrator.

How can you manage your Chapter Email preferences?

ONS has updated our virtual communities so that you can independently unsubscribe or re-subscribe to your chapter emails. To edit your email preferences:

Step 1: Find our Sierra Nevada Chapter's virtual community on the chapter page.

Step 2: Login to your virtual

community with your ONS username and password.

Step 3: Once you're logged in, select the Announcement tab on the left-hand side of the virtual community homepage.

Step 4: You'll see one of two options above the announcement list.

If you still need help please contact [help.ons.org](http://help.ons.org) or email [help@ons.org](mailto:help@ons.org)



**Communication is Key to making our chapter successful !**

## What is a SIG??? Submitted by Thelma Baker, MSN, RN, OCN

Special interest groups (SIGs) are communities of members who share ideas, information, and experiences with others in the same cancer care subspecialty. Through your SIG, you have access to an online forum of professional contacts who can illuminate your specialty-related questions. SIGs publish regular newsletters, write communiqués, and network

during special projects and annual meetings at Congress. ONS members can join as many SIGs as they would like. You can join or manage your SIGs in your [ONS profile](#). There are many specialty areas that you can join. No matter what area of Oncology you work in or what your Oncology interest/question is, there is a network of resources available to

you. The SIGs have communities networking in many areas (CNS, Ambulatory Oncology, Navigation, Survivorship, Chemo, Radiation, Nurse Leaders, Staff Education and many more. Please check out this link on ONS: <https://www.ons.org/member-center/sigs>. I would be happy to answer any questions you might have.

Did you know that as an ONS member you can join Special Interest Groups?

Contact Thelma our Nurse Leaders & Program Development SIG (2014-2016) at: [thelbaker@msn.com](mailto:thelbaker@msn.com)

## 2015 Chapter Leadership Workshop

This summer Stacy Demitropoulos attended the Chapter Leadership Workshop in Pittsburgh, Pennsylvania. The weekend was filled with great speakers and break out sessions to learn how to grow and encourage our chapter.

The weekend was filled with meeting representatives from other chapters

all across the United States. It was quite encouraging to see some great events other chapters plan in their areas. There are many more things we can do as a chapter, but first and foremost is to become more of a presence in our community.

We have now added an email and Facebook page

(see the back page for details) to help improve the communication in our chapter. We are going to take baby steps as a chapter, but stay tuned for fun events and learning opportunities to become a part of.

At the Leadership weekend Thelma Baker was there meeting with all the SIGS too!



Stacy Demitropoulos and Thelma Baker at Leadership

Do you need to get ahold of us, have something news worthy or want to ask a question? Email us!

E-mail: [sierranevadaons@gmail.com](mailto:sierranevadaons@gmail.com)



WE ARE ON FACEBOOK! VISIT US AT [HTTP://WWW.FACEBOOK.COM/SIERRANEVADAONS](http://www.facebook.com/sierranevadaons)

## 2014-2015 Sierra Nevada Chapter Board:

President –Heather Sabol, APN, [heather.sabol@va.gov](mailto:heather.sabol@va.gov)

Vice President – Denise Wiley, RN, BSN, OCN  
[dwiley@renown.org](mailto:dwiley@renown.org)

Secretary – Stacy Demitropoulos, MSN, RN, OCN  
[stargirlrn10@yahoo.com](mailto:stargirlrn10@yahoo.com)

Treasurer – Christine Nicks, [christine.nicks@va.gov](mailto:christine.nicks@va.gov)

Membership -Mary Lynch, [mary.lynck@va.gov](mailto:mary.lynck@va.gov)

Programs -Susan Drossulis, [sdrossulis@gmail.com](mailto:sdrossulis@gmail.com)

& Peg Farrar [gimmiepugs@yahoo.com](mailto:gimmiepugs@yahoo.com)

## October 2015 Oncology Conference at Saint Mary's Regional Medical Center

When: October 9<sup>th</sup> 2015,  
Friday from 7:30am to  
4:30pm

Where: Radiation Oncology  
Tumor Board Room, Center  
for Health, 645 N. Arling-  
ton, Reno, NV 89503

Registration is available on  
the intranet “resources and  
classes” or email  
[MCarico@primehealthcare.com](mailto:MCarico@primehealthcare.com)

Cost: \$50.00, Free to Prime  
Healthcare Employees

Topics and speakers at  
the conference includes:

-Coagulation: Suresh  
Reddy, MD

-Carcinogenesis and The  
Hallmarks of Cancer:  
Renita Vance MSN, RN

-The Sepsis Bundle: Katie  
Heyder MHA, RN

-Cervical Cancer: Jaime  
Shuff, MD

-Safe Handling of Hazard-  
ous Drugs: *Martha Aiyuk,*  
RN, BSN, OCN

-Chemotherapy in Mela-  
noma and Lung Cancer:  
*Keith Marshall Pharm D*

-Gynecologic Oncology:  
*Peter Lim, MD, FACOG*

Saint Mary's Regional Medi-  
cal Center approved this  
program for **7.5 contact  
hours** by the Nevada State  
Board of Nursing under  
provider number  
NV082294-2

Provider approved by the  
California Board of Nursing,  
provider number CEP3493