

SIERRA NEVADA CHAPTER ONCOLOGY NURSING SOCIETY

THE SIERRA NEVADA CHAPTER OF THE ONCOLOGY NURSING SOCIETY SERVES THE WASHOE, CARSON, CHURCHILL, HUMBOLT, LYON AND DOUGLAS COUNTIES OF NEVADA.

Hello Sierra Nevada Chapter!

Welcome to fall! Our chapter has been busy! We have been able to bring some great educational dinners to our community and sometimes more than one a month. We have been fundraising so that we can provide scholarships to our members to further their education. Right now we are in the middle of elections and will announce the new board members at our December meeting.

We would love to hear suggestions from you for our chapter. Please don't

hesitate to share your great ideas with any member of our board.

Remember, if you have paid your ONS membership you are automatically included in our VC! To find our VC visit: sierranevada.vc.ons.org. This is where you will find events, dinners and other fun items that our chapter is going to be doing. You can also access newsletters and more!

We hope you enjoy the great news that is inside this letter! If you have some important news that

you would like to share with our chapter about yourself or someone else, a great accomplishment or something fun your place of work is doing, please email us.

We appreciate the time you took to fill out the survey on what you would like to do as a chapter. We need help to make these things happen! We need volunteers. Please let us know if you would be willing to set up some of these events. Contact us via email.

Congratulations:

- **Congrats to Amanda Thomas for recently receiving the Daisy Award at Renewal!**
- **Congrats to Amy Thompson, Breast Nurse Navigator who was awarded the Healthcare Partner of the Year Award.**
- **Congrats to Courtney Law, RN for receiving the Community Champion Award for the Sun Smart program in partnership with the Washoe County Schools**
- **Congrats to Cassie Goodman for receiving the Community Champion Award for her work with Cancer Rehab patients**
- **Congrats to Mackenzie Smith for passing her OCN exam!**

A note from our Chapter President

Submitted by Denise Wiley

My fellow nurses,

I have sincerely enjoyed serving you in the capacity as your chapter President. Helping all of you increase your knowledge and capacity as nurses has been one of the joys in my life. It has been a difficult decision to step down after this two-year term, but I

know that I will need more time to devote to my education in the coming years. I have a lot of confidence in the candidates for our new chapter leadership and intend to be available to them and you whenever the need arises. Thank you for allowing me the opportunity to serve you.

I also wish to thank all

of the chapter board members publically for the dedication and time that they all give to help you. It has been a privilege to learn from and assist each of these amazing nurses who already give some much of their time to help others.

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Saint Mary's Low Dose CT Screening Program

Saint Mary's Low Dose CT Lung Screening Program has been awarded the Community Program Award by Nevada Cancer Coalition. The award was presented on November 6th during the NCC Summit. Congratulations to Saint Mary's Radiology and Oncology Departments for taking the lead on this program. It is the hope that through early detection, lung cancer screening will impact survival. As we know, most lung cancers are diagnosed as a later stage where survival rates dramatically drops. For questions on the screening program, please contact Gladys Dolor, RN, OCN, nurse navigator at St. Mary's Regional Medical Center.



Monthly Educational Meetings

You can find out all the details for our monthly meetings in three different ways: via email, on our Virtual Community or on our Facebook Page.

The email part will probably be going away in the future so I would make sure you can get into the Virtual Community or like our Facebook page. We continue to provide you the information on the monthly dinners as soon as our fabulous sponsors provide our program chairs with the information.

Some responses from our recent survey requested for CNE events. CNE's cannot be given at branded talks dinners. As a chapter we do provide unbranded topics, but members may have to pay a portion of the dinner.

Let us know if you are interested in these events.

Here is the upcoming information on for December educational dinner meeting. Please remember that there is a RSVP deadline so we can tell our sponsors how many people are coming. Make sure if you are going to attend you do and if you cannot please let us know. Please be courteous to your peers.

Mark your calendars for the next dinner!

- Thursday, December 7, 2017, registration at 6:00 PM and Speaker at 6:30 PM
- Topic: Nursing Considerations in the Neoadjuvant Treatment of HER2 Breast Cancer
- Speaker: Kristin Barber, AOCNP, MSN from Huntsman Cancer Institute at University of Utah
- Sponsor: Genetech
- Location: Washoe Public House 275 Hill Street, Reno, NV 89501
- This will be our Christmas party with White Elephant gift exchange. Please bring a wrapped gift if you would like to participate no more than \$15.

Writing ONS Test Bank Questions

Submitted by Karen Lynn, RN, OCN

I was lucky enough to be selected to go to ONS headquarters in Pittsburgh, PA this last October. At first it was daunting to think I was selected to write question for the Biotherapy/Chemotherapy Test. I started this by applying after receiving an email asking to apply, I thought what the heck. Several emails later I was on my way to Pittsburgh. Meeting with about 30 other nurses from all over the country and discussing oncology issues, this opportunity came at a time when I needed to refresh my enthusiasm for Oncology and boy did it. ONS provided for all transportation, meals and lodging, I didn't get to spend much time to see the city, but it allowed me to narrow my attention for two days and think and discuss chemotherapy and evidenced based care with other nurses. If asked to do this I would encourage anyone to go and participate it will enrich your nursing expertise, and it is a wonderful learning experience.

Save the date!
Renown's 5th
Annual Improving
Outcomes will be
coming April 13th,
2018.

To edit your email preferences:

Step 1: Find our Sierra Nevada Chapter's virtual community on the chapter page.

Step 2: Login to your virtual community with your ONS username and password.

Step 3: Once you're logged in, select the Announcement tab on the left-hand side of the virtual community homepage.

Step 4: You'll see one of two options above the announcement list.

If you still need help please contact help.ons.org or email help@ons.org or the national office and they are happy to help you!

Survivorship Care Plans Submitted by Charmian Lykins, Renown Regional Medical Center

Ashley*, who is a fit and active 35-year-old woman, visits her primary care provider complaining an ongoing respiratory tract infection. She is miserable because not only has she been coughing for a couple of weeks, now she feels short of breath at rest. Her PCP prescribes steroids and albuterol for her bronchitis and sends her home. The next week she returns, feeling worse. "I just feel awful", she remarks. I feel like my heart is racing. Even my rings don't fit any more." It crosses the PCP's mind that she seems to have symptoms suggestive of congestive heart failure, but as a young, slim, active woman, she but doesn't fit the profile. Or does she? Ashley is a long-term survivor of Non-Hodgkin Lymphoma and received both doxorubicin and chest irradiation as part of her treatment, both of which have an additive potential to cause CHF years to decades beyond the end of her treatment.

In 2006, the Institute of Medicine published its landmark report, "From Cancer Patient to Cancer Survivor: Lost in Transition." This report identified the consequences of the lack of care coordination upon handoff from specialty oncology care to primary care. The IOM recommended that all patients receive a written summary of the treatment received (which communicates the toxic exposure experienced by the patient, which may have clinical relevance in future years), as well as a suggested follow-up plan to help screen for recurrence or potential associated health effects related to the cancer or the treatment. Accrediting organizations such as the Commission on Cancer (COC) and the National Accreditation Program for Breast Centers (NAPBC) have instituted standards that require accredited institutions to provide survivorship care plans to patients.

Fast-forward to 2017, and it is clear that institutions are still struggling with meeting the standards. COC and NAPBC's standards are similar but not identical:

Which patients need SCPs?	COC Standard 3.3	NAPBC Standard 2.20
Cancer site:	Any	Breast
Stage:	I – III.	0 (DCIS) - III
Intent of treatment:	curative	curative
Where treated:	Treated or seen for follow up at accredited institution. (Path only is not applicable)	Treated or seen for follow up at the accredited institution. (Path only is not applicable)
Occurrence:	Initial	Initial
When:	After completion of active therapy	After completion of active therapy
Timing:	Within 6 months of completion of active therapy, but no more than 1 year after diagnosis date, or 18 months for patients treated with long term hormonal therapy.	Within 6 months of completion of active therapy, but no more than 1 year after diagnosis date, or 18 months for patients treated with hormonal/ targeted therapy
How:	Providing the SCP by mail, electronically, or through a patient portal without discussion with the patient does not meet the standard.	Providing the SCP without discussion with the patient does not meet the standard.

Implementation of the standards is being phased in. Currently the goal is for cancer programs to provide SCPs to > 50 percent of eligible patients who have completed treatment, with the number increased to 75% in 2018. NAPBC requirements will be harmonized with the COC requirements.

Fortunately, Ashley's PCP had reviewed her survivorship care plan and remembered the potential risk of heart disease. He spoke to the oncologist and ordered an echocardiogram, which showed a decrease in ejection fraction. Ashley's heart failure is now under control. SCPs have a lot of potential value. Providers and patients need to be alert to the utility of the information they provide.

*Not an actual patient.

Do you need to get a hold of us, have something news worthy or want to ask a question? Email us!

E-mail: sierranevadaons@gmail.com



WE ARE ON FACEBOOK! VISIT US AT [HTTP://WWW.FACEBOOK.COM/SIERRANEVADAONS](http://www.facebook.com/sierranevadaons)



Want to become certified in Oncology? Visit www.oncc.org and click on certifications and then Oncology Certified Nurse to learn more!

Fundraising for our Local Chapter and Scholarships

Our chapter has been fundraising to help support our local members with advancing their education.

We are selling sticky notes (3 for \$5 or \$2 each), ONS mugs (\$5).

In the spring we hope to have our fabulous logo embroidered on some clothing to wear. If you are interested in strutting our chapter logo on some clothing please let us know.

We are always looking for great fundraising ideas so if you have a great fundraising idea, we would love to hear it!

If you are interested in applying for a scholarship to help with classes you want to take, CEU's to renew your OCN, or books you might need you can apply through our virtual community link. On the main announcement page of the VC there is a link to Chapter Scholarship Application.



2017 Sierra Nevada Chapter Board:

President — Denise Wiley, BSN, RN, OCN
dwiley@renown.org

Vice President — Jennifer Stevens BSN, RN, OCN
JStevens@renown.org

Secretary — Stacy Demitropoulos, MSN, RN, OCN
stargirlrn10@yahoo.com

Treasurer — Linda Baird, MSN, RN
lbaird@unr.edu

Nominating/Membership — Leslie Girsch BSN, RN, OCN
gtigger@nvcbell.net

Program Directors — Susan Drossulis, MSN, RN, OCN -BC
sdrossulis@gmail.com & Peg Farrar MSN, RN
gimmiepugs@yahoo.com

Special Interest Groups

Submitted by Thelma Baker

You might have been familiar with the Oncology Nursing Society's Special Interest Groups (SIGS). Those SIGS have now been replaced with a new platform called "Communities". Access to the ONS Communities are included in your membership and are a great way to find other members with like interests in a virtual, online environment. Members who visit https://urldefense.proofpoint.com/v2/url?u=http-3A-communities.ons.org&d=DwMF-g&c=lzV_jxRAaASJ8QyHk_qzqhf9qNss5M_WpJw30wMUOtI&r=hJOTq5ciYWuSGeZnRlXaFIO7ZnOk6OWo7OFP-E5EVcM&m=Agb4sOBwpUskS3eDiPnw7xG1IerqsyFJEzkRXvPX-8k&s=1Cyf3fi6FzlhsYjjZNkdKH0mPA8LpH6N1YqU_ww1SQU&e=> can meet fellow oncology nursing professionals within ONS who have similar cancer care interests, ask questions about pressing clinical issues, share experiences and expertise to solve problems, and teach others to ensure their patients receive the best care possible. As ONS members please take full advantage of your membership and check out the various communities from chemotherapy to navigation, radiation, survivorship and so much more!