

# SIERRA NEVADA CHAPTER ONCOLOGY NURSING SOCIETY

THE SIERRA NEVADA CHAPTER OF THE ONCOLOGY NURSING SOCIETY SERVES THE WASHOE, CARSON, CHURCHILL, HUMBOLT, LYON AND DOUGLAS COUNTIES OF NEVADA.

## Hello Sierra Nevada! Spring is leaving and summer is coming!

Hello Sierra Nevada!

There are so many great things our chapter members have been a part of and we can't wait to tell you all about it! Please send any newsworthy information to us. The more news we get the more letters we will send out to you all to keep you informed about our great chapter and what we are doing in our community.

We are adding more items to our Virtual Community (VC) and it is getting easier to use the more we practice!

Remember, if you have paid your ONS membership you are automatically included in our VC! To find our VC visit: [sierranevada.vc.ons.org](http://sierranevada.vc.ons.org). This is where you will find events, dinners and other fun items that our chapter is going to be doing. You can also access news letters and more!

We hope you enjoy the great news that is inside this letter! Give your colleague a shout out for their amazing work in the Oncology field of nursing.

## A note from our Chapter President

Submitted by Denise Wiley

One of our biggest goals, as your local ONS representatives, is to make our local chapter something that will help YOU! We have been working to bring educational and other resources to you. We have started a scholarship fund and hope that you will help support us in increasing that fund. One of the things that you can do to help is vote in the yearly national ONS election. Please go to the national ONS

website (or check your email box) for details. Our chapter can win \$750 for our scholarship fund if we have the most participation, so go out there and VOTE! We are also working with some of our rural members to bring our educational dinners to you. We want your feedback! We have lots of drug company representatives who would love to set up an educational dinner in your area. We would like to know which restaurants you like, and

what topics are of interest to you. Out-patient infusion centers are growing all over Northern Nevada, and we want to help support your learning and growth. We also want to let you know about upcoming events. Feel free to check our Facebook page or our virtual community website for information about this or other upcoming education events.

## Congratulations:

- **To all the fabulous nurses nominated for the Northern Nevada Nurses of Achievement!**
- **There are a bunch of nurses who have recently obtained their OCN! Congrats to everyone for this great accomplishment!**
- **Would you like to give a shout out to a fellow ONS member? Send an email!**

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## Congratulations to our Vice President Jennifer Stevens!

The International Nurses Association is pleased to welcome Jennifer Stevens, BSN, RN, OCN to their prestigious organization with her upcoming publication in the Worldwide Leaders in Healthcare. To read more about Jennifer click the link below:

<https://www.prnewschannel.com/2017/03/27/outstanding-registered-nurse-jennifer-stevens-bsn-rn-ocn-will-be-presented-in-the-worldwide-leaders-in-healthcare/>



## Monthly Educational Meetings

Each month information for the educational dinners is sent out in a few different ways. Susan Drossulis on of our program chairs, has to set up these dinners with the help of our fabulous sponsors. They have been asking for more dates each month and we recently trialed some Tuesday nights to help reach some of you that cannot attend the Thursday meetings. Thank you Susan for all your hard work! You can find out all the details in three different ways: via email, on our Virtual Community or on our Facebook Page. The email part will probably be going away in the future so I would make sure you can get into the Virtual Community or like our facebook page.

We know there have been requests for earlier notice on the dates of the monthly dinners, but we cannot get you the dates until the sponsors get us the information. As soon as it is available we send it out to you. RSVP's vary depending on who the sponsor is, sometimes it is Susan and sometimes it is the sponsor. There is always an RSVP deadline so please make sure to RSVP on time. We have had people RSVP and not show up and that costs our sponsors money and takes away from someone who wanted to come. Please be courteous to your peers. Thank you!

Mark your calendars for the June dinner!

- Thursday, June 8th, 2017, registration at 5:30 and Speaker at 6:00
- Topic: Current Considerations in the Management of Patients With Acquired Anemia Conditions
- Speaker: Scott Shuford, MSN, RN, APN, AOCNP
- Sponsor: Novartis
- Location: Brick's
- RSVP to Susan Drossulis 775-626-0619 by June 5th at 4:00PM.

## JoAnne Gould Scholarship Award

submitted by Beth Ahart-Valk

The first annual JoAnne Gould Scholarship award was presented at the Northern Nevada Nurse of Achievement Dinner, May 12, 2017. The JoAnne Gould Scholarship Fund was created by Dr. Peter Lim to honor the memory of JoAnne. The money awarded, \$690, is to help oncology nurses pay for continuing education classes, certification, conferences, or higher education classes, such as a Master Degree or Ph.D. Oncology nurses from Reno, Sparks and Carson City were eligible to apply. This includes nurses in the hospital, outpatient infusion centers, radiation therapy and community oncology offices. This year 10 applicants competed for the award! Thanks to JoAnne's family contribution and Dr. Lim, the committee was able to award two Scholarships this year. **Jen Stevens and Kat Woods were the lucky recipients!** The Committee would like to thank everyone who applied. Look for this opportunity again next year – we know JoAnne's soul is singing as she was



## Are you receiving ONS Chapter Emails?

As a reminder ONS made changes to their email software so that chapter emails are no longer blocked by security measures from vendors like Gmail, Hotmail, Yahoo, or Comcast. However, if your employer is blocking these emails or marking them as spam or junk mail, you should contact your network administrator.

You manage your Chapter Email preferences.

ONS has updated our virtual communities so that you can independently unsubscribe or re-subscribe to your chapter emails. To edit your email preferences:

**Step 1:** Find our Sierra Nevada Chapter's virtual community on the chapter page.

**Step 2:** Login to your virtual community with your ONS username and password.

**Step 3:** Once you're logged in, select the Announcement tab on the left-hand side of the virtual community homepage.

**Step 4:** You'll see one of two options above the announcement list.

If you still need help please contact [help.ons.org](mailto:help.ons.org) or email [help@ons.org](mailto:help@ons.org) or the national office and they are happy to help you!



**Communication is Key to making our chapter successful !**

## Fundraising for our Local Chapter and Scholarships

Our chapter has been fundraising to help support our local members with advancing their education.

We are selling sticky notes (3 for \$5 or \$2 each), ONS mugs (\$5), and our newest items are embroidering our fabulous logo on page 2 on any item you like! We will have a sample jacket in the next few months to show you. If you are interested in

strutting our chapter logo on some clothing, please contact Jennifer Stevens by email [JStevens@renown.org](mailto:JStevens@renown.org).

If you have a great fundraising idea, we would love to hear it!

If you are interested in applying for a scholarship to help with classes you want to take, CEU's to renew your OCN, or books you might need you can apply through our virtual community link. On the main announcement page of the VC there is a link to Chapter Scholarship Application.



## Linda Baird Visits Capital Hill to Advocate for Nurses!

On September 13<sup>th</sup> Charles and I left Reno and flew to Washington DC to attend the ONS "Capital Hills Days". We joined 100 other ONS members and staff to descend on Capital Hill to advocate for cancer patients and cancer nurses. Over the next two days we attended presentations by members of The National Cancer Institute, Centers for Medicare and Medicaid, Health and Human Services and the National Cancer Moonshot Blue Ribbon Panel. We also attended a "crash" course on how to appropriately meet with our senate and congress members to lobby for our causes. The highlight of our visit was a

personal presentation by then Vice President Joe Biden. Charles and I meet with Congressman Mark Amodei, Senator Dean Heller and a representative from Senator Harry Reeds office. All were very supportive of the Cancer initiatives and expected that the 21<sup>st</sup> Century Cures Act would eventually pass. Low and behold on December 13<sup>th</sup> the act was passed into law and signed by then President Obama. The law promises to speed up cancer drug and treatment approval. Also included in the law is money to treat opioids addiction and mental health. It was an exciting and interesting experience and I would

highly encourage others to take advantage of this program if offered next year.



Do you need to get a hold of us, have something news worthy or want to ask a question? Email us!

E-mail: [sierranevadaons@gmail.com](mailto:sierranevadaons@gmail.com)



WE ARE ON FACEBOOK! VISIT US AT [HTTP://WWW.FACEBOOK.COM/SIERRANEVADAONS](http://www.facebook.com/sierranevadaons)



Want to become certified in Oncology? Visit [www.oncc.org](http://www.oncc.org) and click on certifications and then Oncology Certified Nurse to learn more!

### **Communication Tips** **Submitted by Denise Wiley**

1. Listen twice as much as you talk.
2. Try to never interrupt, check your phone or let your mind wander when someone is speaking to you.
3. Try to empathize with others even if you don't agree with their viewpoint.
4. Exhibit respect, kindness, courtesy and good manners.
5. Prepare comments in advance so you are brief, direct and clear.
6. Before trumpeting a problem – think of at least one solution.
7. Take personal responsibility for everything you say and do.
8. Don't make excuses when you make a mistake – apologize and make every effort to fix it.
9. Take your commitments and responsibilities seriously.
10. Give other people credit for their achievements, no matter how small.

### **2017-2018 Sierra Nevada Chapter Board:**

President — Denise Wiley, BSN, RN, OCN  
[dwiley@renown.org](mailto:dwiley@renown.org)

Vice President — Jennifer Stevens BSN, RN, OCN,  
[JStevens@renown.org](mailto:JStevens@renown.org)

Secretary — Stacy Demitropoulos, MSN, RN, OCN  
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Treasurer — Linda Baird, MSN, RN  
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& Peg Farrar MSN, RN [gimmiepugs@yahoo.com](mailto:gimmiepugs@yahoo.com)

### **Special Interest Groups** **Submitted by Thelma Baker**

You might have been familiar with the Oncology Nursing Society's Special Interest Groups (SIGS). Those SIGS have now been replaced with a new platform called "Communities". Access to the ONS Communities are included in your membership and are a great way to find other members with like interests in a virtual, online environment. Members who visit [communities.ons.org](https://urldefense.proofpoint.com/v2/url?u=http-3A-communities.ons.org&d=DwMF-g&c=lzV_JxRAaASJ8QyHk_qzqhf9qNss5M_WpJw30wMUOtI&r=hJOTq5ciYWuSGeZnRlXaFIO7ZnOk6OWo7OFP-E5EVcM&m=Agb4sOBwpUskS3eDiPnw7xG1IerqsyFJEzkRXvPX-8k&s=1Cyf3fi6FzlhsYjZnkdKH0mPA8LpH6N1YqU_ww1SQU&e=>) can meet fellow oncology nursing professionals within ONS who have similar cancer care interests, ask questions about pressing clinical issues, share experiences and expertise to solve problems, and teach others to ensure their patients receive the best care possible. As ONS members please take full advantage of your membership and check out the various communities from chemotherapy to navigation, radiation, survivorship and so much more!